

8/1/22	8/2/22	8/3/22	8/4/22	8/5/22	Breakfast
					<p><b>Breakfast</b>  <b>Choice of one Entrée</b>  Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick  <b>Choose One Side</b>  Assorted Fruits  <b>Choose One</b>  White or Chocolate Milk</p>
8/8/22	8/9/22	8/10/22	8/11/22	8/12/22	Lunch
		"This institution is an equal opportunity provider and employer."	<p>Eat 1/2 cup of fruits and vegetables with every meal!</p> 	Muffin Choice, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	<p><b>RVH Lunch</b>  Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu.  *</p>
8/15/22	8/16/22	8/17/22	8/18/22	8/19/22	<p><b>GMS / GHS Lunch</b>  <b>Choice of one Entrée</b>  <b>Main Line</b> - Select one Entrée from Featured Menu.  <b>Alt. Line</b> - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crisпитos)  <b>Cold Deli Line - All items Offered Daily:</b>  Chef Salad  Strawberry or Blueberry Yogurt Parfait  Cubed Cheese, Grape &amp; Cracker Cups  Ham or Turkey Sandwich w/ Doritos  *  <b>Choose up to Three Sides</b>  Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains &amp; Desserts  *  <b>Choose One</b>  White or Chocolate Milk</p>
WG Cereal Variety, String Cheese, Sliced Peaches, 100% Fruit Juice Variety, Milk Variety	Sausage Biscuit, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Breakfast Tornado, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety	Pancake on a Stick, Fresh Clementine, 100% Fruit Juice Variety, Milk Variety	French Toast Sticks w/ Syrup, Yogurt, Sliced Pears, 100% Fruit Juice Variety, Milk Variety	
8/22/22	8/23/22	8/24/22	8/25/22	8/26/22	
WG Cereal Variety, String Cheese, Fresh Orange, 100% Fruit Juice Variety, Milk Variety	Breakfast Crispito, Sliced Pears, 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Breakfast Combo Bar (Hashbrown, Ham & Cheese), Pumpkin Bread Sliced Pineapple, 100% Fruit Juice Variety, Milk Variety	Blueberry Waffles w/ Syrup, Yogurt, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	
8/29/22	8/30/22	8/31/22	Fill out an application online today for free and reduced price meal benefits at <a href="http://www.girard248.org">www.girard248.org</a> under the Food Service tab.		
Cereal Bar (6-12th Cereal Choice), Mozz Cheese Stick, Fruit Cup, 100% Fruit Juice Variety, Milk Variety	Egg & Cheese Bosco Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety	Maple Pancakes, Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety			

This Menu is Subject to Change Without Notice